



# COVID-19 TESTING

## PRE-SURGERY COVID-19 TESTING

During this COVID-19 outbreak, Ankeny Medical Park Surgery Center (AMPSC) has been working to provide the safest possible process and care to our patients.

For the health and safety of our patients, care teams and doctors we are requiring that all patients be tested for COVID-19. **Timing is critical to this process; it is required that your test and results occur within 48-72 hours of your surgery.** If your test results are delayed due to a high demand of tests across the country, you may be asked to retest. We apologize ahead of time if this should occur, but please be rest assured that this step is taken to protect the health and well-being of all involved in your surgery, including you.

## COVID – 19 TESTING

The COVID-19 testing will measure specific markers to determine whether you are currently infected with COVID-19.

## COVID – 19 TEST PROCESS

A member of the surgery team will contact you to schedule a drive through test. During your designated time, you will be asked to roll down a window and a swab will be taken at the back of your throat. The surgery center will send your specimen to UnityPoint Health - Des Moines for processing and we should receive the results within 48-72 hours of testing. If you test positive for COVID-19 we will contact you to cancel your surgery.

***Critically important: Once you are tested, it is required that you self-quarantine in your home until surgery as instructed by your physician. This means you **DONOT** report to work or have contact with anyone outside your home. This step will avoid exposure that would go undetected between the time of testing and surgery. Self-quarantine in this case would mean absolutely no travel outside of your home except for emergency purposes. Your surgery will be cancelled if you do not self-quarantine.***

## COVID-19 TEST RESULTS

**If test result is negative** - You will proceed as directed.

**If test result is positive** - You may be infected with COVID-19. Contact your primary care provider and self-quarantine under their guidance.

**If you miss or are late for your scheduled COVID-19 appointment, you will experience a delay in surgery.**

## Q&A

**Does my insurance cover the test?** Medicare and most major insurance providers in Iowa are covering COVID-19 testing, however, we always recommend calling your insurance provider to confirm.

**What if I have already been tested?** You will still need to be tested within our guidelines as a process of your pre-surgery procedure.

**What if my test results are positive?** You may be infected with COVID-19. Contact your primary care provider.

**What kind of testing will I do:** Your test will be done nasally, orally (throat swab), or by saliva.

**Who is providing the 3-party testing?** UnityPoint Health - Des Moines