

Shane Cook, M.D.

Hand & Upper Extremity Surgeon

Dr. Shane Cook completed his
Orthopaedic Surgery Residency at the
University of Iowa and went on to OrthoCarolina in
Charlotte, North Carolina for Hand and Upper
Extremity Fellowship. As a physician at DMOS
Orthopaedic Centers, he specializes in upper extremity
surgery including:

- Trauma
- Upper Extremity
- Elbow Arthroplasty
- Upper Extremity Nerve Surgery (Carpal Tunnel Release, Cubital Tunnel Release)
- · Complex Wrist & Hand Surgeries

Dr. Cook chose orthopaedics due to the great care he received while on the field as an athlete himself; as he played football for the University of Colorado, NFL Europe, and New Orleans Saints. His main mission is to help patients maximize their function through surgical and non-surgical means, and he places a priority ensuring his patients understand their diagnosis, treatment options and have all their questions answered.

In his spare time, Dr. Cook enjoys working out, biking, golfing and spending quality time with his wife and three children.



Credentials

Medical Education

University of Colorado School of Medicine Aurora, CO

Orthopaedic Residency

University of Iowa Hospitals and Clinics Iowa City, IA

Fellowship Training

OrthoCarolina Charlotte, NC

Board Eligible

American Board of Orthopaedic Surgery

Associations

Candidate Membership, American Society for Surgery of the Hand Candidate Membership, American Association for Hand Surgery Member, Gold Humanism Honor Society Member, Alpha Omega Alpha



DMOS Des Moines

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